

THE

P.R. PRESS

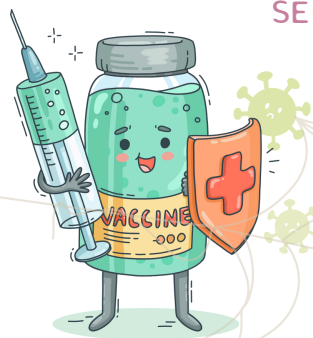
PHEASANTS
RIDGE
ASSISTED LIVING AND MEMORY CARE



OCTOBER

October's here, oh what a sight,
Leaves ablaze with colors so bright.
The air is crisp, the breeze is cold,
A month of change, I'm ready to behold.

IT IS NOW OCTOBER, THE 10TH
MONTH OF THE YEAR.
THE SEASON IS SLOWLY
CHANGING & WITH THE CHANGE
INTO FALL COME
SEASONAL ILLNESS.
ALL RESIDENTS ARE INVITED
AND ENCOURAGED
TO RECEIVE THEIR ANNUAL FLU
AND COVID 19 VACCINATIONS!

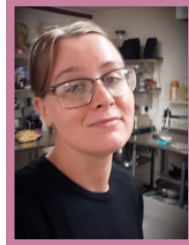


THE VACCINE CLINIC
WILL BE AT PHEASANTS
RIDGE ON OCTOBER 23
SEE LAURA FOR DETAILS

DARN!
 9 BLACK CATS GOT
 LOOSE IN THIS
 NEWSLETTER! CAN YOU
 HELP ME FIND THEM??



**GET TO
 KNOW
 KATIE, THE
 COOK...**



Katie is a great cook and loves to season everything with fresh herbs.
 She is a cat person and has a couple kitties of her own.
 Her favorite color is a Sage Green.
 Katie also has a hidden tattoo of the moon & birds on her shoulder blade.

**Happy
 Birthday!**



STEPHEN



SUSIE



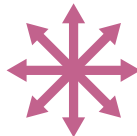
MARILYN

ALSO... our staff, MARY, JENNI, AMANDA & DASHA!

WORDFIND

E L A O U U O P T T L I
 E L P P A Y D N A C A A
 E O O K R C C O A L P K
 L L H S T A B N C L U R
 L O A L K O O P S L M A
 C N L O U O P E N B P A
 F U L L M O O N R L K U
 O C O E I M K N N K I W
 L Y W K U E T N E K N P
 D L E I P U W R N T E S
 T R E A T A T R I C K R
 O M N A A E S A W O P O

CANDY APPLE
 SPOOK
 TRICK
 BATS
 FULL MOON
 PUMPKIN
 TREAT
 HALLOWEEN



**OCTOBER IS BREAST
 CANCER AWARENESS
 MONTH
 WEAR PINK IN SUPPORT!**



**Bluestone Dr. Rounding
 Monday, October 27**





OCTOBER ACTIVITIES CALENDAR

SILLY OBSERVANCES IN OCTOBER...

October 1st is National Pumpkin Spice Day October 15th is National I Love Lucy Day
 October 4th is National Golf Lover's Day Oct. 18th is National Chocolate Cupcake Day
 October 7th is World Cotton Candy Day October 23rd is National Scary Movie Day
 October 11th is National Cheese Day October 29th is National Cat Day



Morning exercise group in our Care Suites unit (aka Memory Care) at 10:00-10:20 am, Monday-Friday.



Earn a red ticket for every exercise group you attend!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 2:00 bingo!	2 2:00 Nail salon	3 2:00 Bowling	4 Complete Weekend Activity Packet
5 Walking program	6 2:00 bingo! 3:45 CHURCH	7 2:00 "Wine" social w/ meat, cheese & crackers	8 1:30 Library 2:00 bingo!	9 2:00 Resident Council Meeting	10 2:00 GAME Night Cards	11 Complete Weekend Activity Packet
12 Walking program	13 2:00 bingo!	14 2:00 Yahtzee	15 2:00 Big Screen movie	16 No afternoon activity due to staff meeting	17 11:30 Veterans Visit 2:00 bingo!	18 Complete Weekend Activity Packet
19 Walking program	20 2:00 bingo! 3:45 CHURCH	21 2:00 Coloring Contest	22 1:30 Library 2:00 bingo!	23 2:00 GAME Night Board Games	24 2:00 100 Years of Pickin' Music	25 Complete Weekend Activity Packet
26 Walking program	27 2:00 Boo! bingo!	28 2:00 Apple Cider & Pie Social	29 2:00 Boo! bingo!	30 1:00 Pumpkin Painting	31 COSTUME PARTY!	

