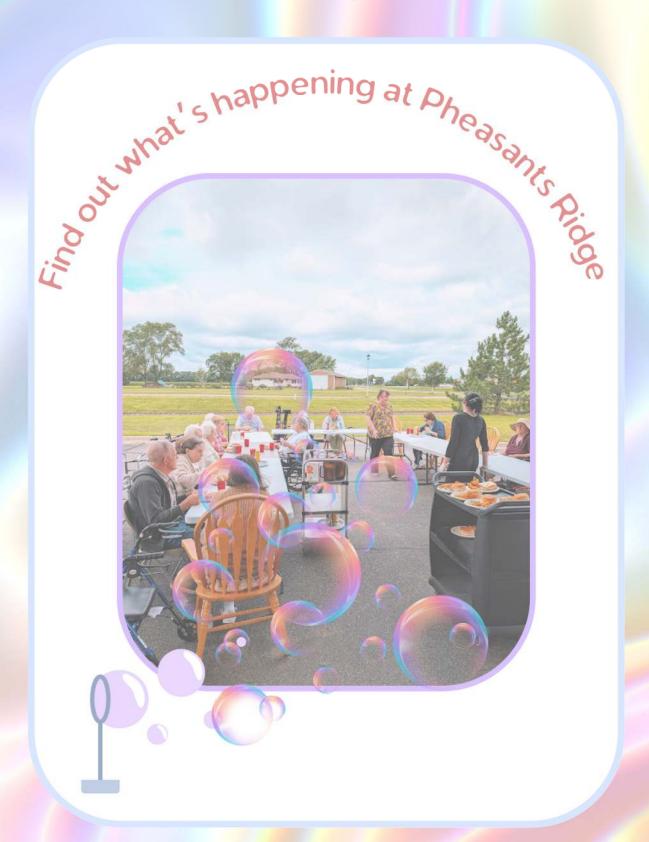
The P.R. Press August 2025





August is National



Eye Exam Month



Tips to
keep those
peepers healthy!

Eat Well for Better Eye Health
Exercise to Keep Your Eyes Healthy
Quit Smoking to Protect Your Vision
Wear Sunglasses
Protect Your Eyes from Blue Light
Remove makeup before bed
Everyone needs a regular eye exam



Bluestone Dr. Rounding

Monday,

August 25th



Get to know RA. Lillie!

Lillie's favorite movie(s) are the twinight series!

She love snacking on airheads candies, & when she's hungry for take out she enjoys chinese food.

You might see her in her favorite color, which is **pink**

& she'd love a garden full of Tulips.



The Nicollet County Fair is Aug. 6-10

Nicollet County Fairgrounds, 400 West Union, St. Peter, MN



SAVETEDATE

Sept 12 @
5:00pm
Pheasants
Ridge's
Annual
End of Summer
BBQ
Family & friends
welcome!





August Activities Calendar

Happening in the month of August...

Britney will be taking over as Activities Aide! WOOT WOOT!

Morning excersize group in our Care Suites unit (fka Memory Care) at 10:00-10:20 am, Monday-Friday.

Earn a red ticket for every exercise group you attend!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RESIDENT CHOICE	X	X	X	X	2:00 1 WATER BALLOON TOSS	2 RESIDENT CHOICE
WALK THE HALLS; EACH LAP EARNS RED TICKETS!	2:00 4	2:30 5 ROCK PAINTING & FLEETWOOD MAC TUNES	1:30 6 Library day 2:00 ROOT BEER FLOAT SOCIAL & THE BEACHBOYS	2:00 7	2:00 8 BOWLING TOURNAMENT WINNER GETS DAIRY QUEEN!	3:00 9 NFL PRE- SEASON VIKNGS GAME!
10 RESIDENT CHOICE	2:00 11 3:45 CHURCH	2:30 12 RESIDENT COUNCIL MEETING & MUFFINS	2:00 13	2:00 14 COLORING CONTEST WINNER GETS ARBY'S FOR DINNER	11:30 15 VETERANS VISIT 2:00 BEACH PARTY & MARGS (V)!	RESIDENT CHOICE
WALK THE HALLS; EACH LAP EARNS RED TICKETS!	2:00 18	2:30 19 PLINKO DICE GAME	1:30 20 Library day 2:00	No 21 afternoon activity due to staff meeting	12:00 22 LUNCH ON THE LOT (weather permitting) 2:00 Big Screen Movie	23 SUNFLOWER SCAVENGER HUNT
RESIDENT CHOICE	2:00 25 3:45 CHURCH	2:30 26 PEACH COBBLER/ ICED TEA SOCIAL & THE TUNES OF PATSY CLINE	2:00 27	2:00 28 BARGAIN BASEMENT	2:00 29 MATCH GAME	RESIDENT CHOICE