

The **P.R. Press** August 2025

Find out what's happening at Pheasants Ridge



**HAPPY
BIRTHDAY!**



Bob



Bonnie



Andrea



Rosie

August is National Eye Exam Month



**Tips to
keep those
peepers healthy!**

Eat Well for Better Eye Health
Exercise to Keep Your Eyes Healthy
Quit Smoking to Protect Your Vision
Wear Sunglasses
Protect Your Eyes from Blue Light
Remove makeup before bed
Everyone needs a regular eye exam



Get to know RA, Lillie!

Lillie's favorite movie(s) are the
~~twilight~~ series!

She love snacking on airheads candies,
& when she's hungry for take out she
enjoys chinese food.

You might see her in her favorite color,
which is **pink**
& she'd love a garden full of Tulips.



The Nicollet County Fair is Aug. 6-10

Nicollet County
Fairgrounds, 400 West
Union, St. Peter, MN



SAVE THE DATE

Sept 12 @
5:00pm

Pheasants
Ridge's
Annual

End of Summer
BBQ

Family & friends
welcome!

**Bluestone Dr. Rounding
Monday,
August 25th**





August Activities Calendar

Happening in the month of August...

Britney will be taking over as Activities Aide! **WOOT WOOT!**



**Morning excersize group in our Care Suites unit (fka Memory Care) at
10:00-10:20 am, Monday-Friday.**

Earn a red ticket for every exercise group you attend!



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

31 RESIDENT CHOICE	X	X	X	X	2:00 WATER BALLOON TOSS	2 RESIDENT CHOICE
3 WALK THE HALLS; EACH LAP EARNS RED TICKETS!	2:00 4 <i>Bingo!</i>	2:30 5 ROCK PAINTING & FLEETWOOD MAC TUNES	1:30 Library day 2:00 ROOT BEER FLOAT SOCIAL & THE BEACHBOYS	2:00 7 <i>Bingo!</i>	2:00 8 BOWLING TOURNAMENT WINNER GETS DAIRY QUEEN!	3:00 9 NFL PRE- SEASON VIKNGS GAME!
10 RESIDENT CHOICE	2:00 11 <i>Bingo!</i> 3:45 CHURCH	2:30 12 RESIDENT COUNCIL MEETING & MUFFINS	2:00 13 <i>Bingo!</i>	2:00 14 COLORING CONTEST WINNER GETS ARBY'S FOR DINNER	11:30 15 VETERANS VISIT 2:00 BEACH PARTY & MARGS (V)!	16 RESIDENT CHOICE
17 WALK THE HALLS; EACH LAP EARNS RED TICKETS!	2:00 18 <i>Bingo!</i>	2:30 19 PLINKO DICE GAME	1:30 Library day 2:00 <i>Bingo!</i>	No afternoon activity due to staff meeting	12:00 22 LUNCH ON THE LOT (weather permitting) 2:00 Big Screen Movie	23 SUNFLOWER SCAVENGER HUNT
24 RESIDENT CHOICE	2:00 25 <i>Bingo!</i> 3:45 CHURCH	2:30 26 PEACH COBBLER/ ICED TEA SOCIAL & THE TUNES OF PATSY CLINE	2:00 27 <i>Bingo!</i>	2:00 28 BARGAIN BASEMENT	2:00 29 MATCH GAME	30 RESIDENT CHOICE