



SHARE A RECIPE

Taco Dip



Ingredients

- 16 oz brick-style cream cheese
- 2 cups sour cream
- 4 Tablespoons taco seasoning
- 1 cup finely chopped lettuce
- 4 Roma tomatoes
- ½ cup sliced black olives
- 1 ¼ cup finely shredded sharp cheddar
- Corn tortilla chips

Instructions

1. Combine softened cream cheese and sour cream in a large bowl. Stir until well-combined (I like to use my electric mixer just to make sure there are no lumps).
2. Add taco seasoning and stir well.
3. Spread mixture evenly into a 9-10" pie dish.
4. Top mixture with shredded lettuce, chopped tomatoes, olives, jalapenos (if using) and finally evenly sprinkle with shredded cheese.
5. Ready to serve!
(or store covered in fridge until serving)

Would you like to see one of your recipes featured on the Pheasants Ridge Menu?

Write your recipe here and turn into Danielle, Kitchen Manager.

→ _____

Sweet Trivia

1. Question: In M&M candies, what color did the blue replace in 1995?
2. Question: According to its advert, which candy bar is "fluffy, not stuffy"?
3. Question: Which candy bar is described as "packed with peanuts"?
4. Question: For which candy in the '40s was Little Orphan Annie, a spokesperson?
5. Question: Which candy bar was "a joy to eat"?
6. Question: Which candy company introduced the Symphony Bar in 1998?
7. Question: In which year were the first candy bars sold in baseball parks?



THANK YOU FOR CELEBRATING
15 YEARS WITH US!





Helpful tips from the nurse about ticks

Ticks aren't like bugs that bite you and then fly away or scoot off. When one gets on your body, it sets up camp. It finds a place to eat, then burrows its head into your skin and starts feeding. And it'll stay there for several days.

Most likely, you won't feel anything because the bite doesn't hurt, and it isn't usually itchy. Because ticks are often very small, you might not see it either. At first, it might just look like a fleck of dirt. As it feeds though, it swells up and can be easier to find.

You might get a small red bump where the tick bites you. Some people's bodies react to ticks with 1 to 2 inches of redness around the bite. That red area won't get any bigger, unless it's really a rash, which is a sign of disease.

AUGUST BIRTHDAYS

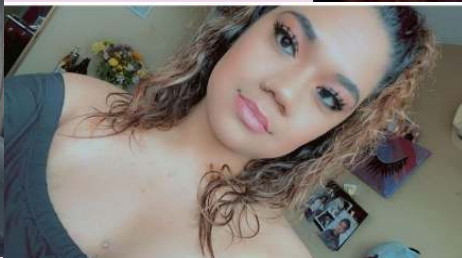
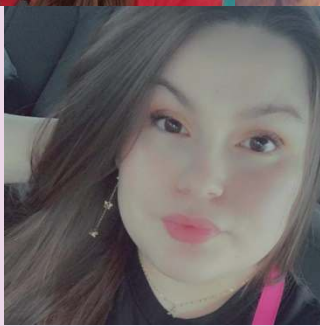
Sarah → August 1st

Cora → August 12th

Angie → August 14th

John → August 21st

Rosalie → August 29th



ANNIVERSARIES

Jessely → 2 Years

Olivia → 2 Years

Katie → 1 Year

Kayla → 1 Year

August 2021 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1) 9:00am TV Church	2) 9:00am Manicure Mondays	3) 1:00pm Chair Yoga	4) 10:30am 	5) 10:00am Decorate Flowerpot 1:00pm Decorate Flowerpot	6) 10:00am Plant Flower (M/C) 1:00pm Plant Flower (A/L)	7) 10:00am Coffee Social Hour
8) 9:00am TV Church	9) 9:00am Pedicures	10) 1:00pm Balloon Bat	11) 10:30AM 	12) 1:00pm Betty's Malt Shoppe	13) National Left Handers Day Connect the dots!	14) 1:00pm Netflix Movie and Popcorn
15) 9:00am TV Church	16) 9:00am Manicure Mondays	17) 10:30am Putt-Putt Golf	18) 10:30AM 	19) 10:00am One on One Resident Council (M/C) 1:00pm Resident Council (A/L)	20) 1:00pm Happy Hour	21) 10:00am Coffee Social Hour John's Birthday!
22) 9:00am TV Church	23) 9:00am Spa Day- Face Masks	24) 1:00pm Chair Yoga	25) 10:30 AM 	26) 10:00am One on One Outside Time (M/C) 1:00pm One on One Outside Time (A/L)	27) 10:00am Cookie and Coffee Social (M/C) 1:00pm Cookie and Coffee Social (A/L)	28) 1:00pm Netflix Movie and Popcorn
29) 9:00am TV Church	30) Rosalie's Birthday	31) 1:00pm Balloon Bat				