

2024

Pheasants Ridge Press



"Oh, how fresh the
wind is blowing!
See! The sky is
bright an clear,
Oh, how green the
grass is growing!
April! April!
Are you here?"
-Dora R. Goodale

Whats coming this month

A total solar eclipse will take place at the Moon's ascending node on Monday, April 8, 2024, visible across North America and dubbed the Great North American Eclipse

Southern Minnesota will only be able to see a partial eclipse due to our geological location.



April... with the Diamond birthstone



...and the Daisy birth flower



April 23rd brings the full moon. Traditionally, we call this Moon the Pink Moon



April is National Earth, & National Gardening month... which includes Earth Day (April 22) and Arbor Day (April 26th)



HEALTHY LIVING

UTI (Urinary Tract Infection) Prevention

- Hydrate, Hydrate, Hydrate
- Add cranberry juice to your daily intake.
- Go to the toilet when you need to, don't hold on.
- Wipe yourself from front to back.
- If you feel UTI symptoms, tell the nurse right away!

BLUESTONE ROUNDING 4/22

5 FUN FACTS ABOUT YOUR RESIDENT ASSISTANT... MADISON :)
MADISON HAS BEEN PART OF THE TEAM SINCE 2022

- Her favorite colors are pink and purple
- She has a pet cat named Oliver
- Madison travels to Arizona, Texas and Florida
- She has been working in the healthcare field since 2015
- Madison enjoys doing archery in her free time

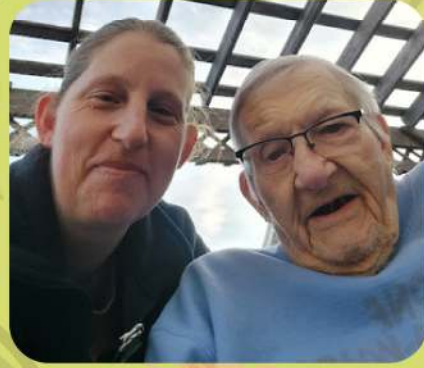


Happy
Birthday
ROGER!!



MOTHER'S
DAY
PORTRAITS
Tuesday, April 30th!





What's happening in April?

SAINT PETER RECREATION DEPARTMENT



SMART. HEALTHY. HAPPY.

2024 SENIOR EXPO
THURSDAY, APRIL 18 | 1 - 4 P.M.
SAINT PETER COMMUNITY CENTER

April 1st *FREE EVENT*
Saint Peter
Community Center
Room 217
playing the new
movie
"Oppenheimer"



April

EVERY WEEKDAY: AM EXERCISE GROUP @ 10:30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 1:30 <i>Bingo!</i>	2 1:30 MOVIE DAY	3 1:30 GIANT JENGA GAME	4 1:30 JEOPARDY GAME	5 1:30 <i>Bingo!</i>	6 OUTSIDE OR HALLWAY WALKING
7 RESIDENT CHOICE	8 1:30 <i>Bingo!</i>	9 1:30 RESIDENT COUNCIL MEETING	10 1:30 PICTIONARY GAME	11 Staff meeting No afternoon group activity	12 11:30 VETERANS VISIT 1:30 <i>Bingo!</i>	13 OUTSIDE OR HALLWAY WALKING
14 RESIDENT CHOICE	15 1:30 <i>Bingo!</i>	16 1:30 SCAVENGER HUNT	17 1:30 "A 100 Years a Pickin" Musical guests	18 1:30 BIRD HOUSES CRAFT	19 1:30 <i>Bingo!</i>	20 OUTSIDE OR HALLWAY WALKING
21 RESIDENT CHOICE	22 1:30 <i>Bingo!</i>	23 1:30 BUTTON TREES CRAFT	24 1:30 KARAOKE HOUR	25 1:30 APPLE DIPPING TREAT	26 1:30 <i>Bingo!</i>	27 OUTSIDE OR HALLWAY WALKING
28 RESIDENT CHOICE	29 1:30 <i>Bingo!</i>	30 ALL DAY MOTHER'S DAY PORTRAITS				

Can you spot 10 differences between the two sunflower scenes?

